

# HASBROUCK HEIGHTS PUBLIC SCHOOL SCHOOL HEALTH SERVICES

## EPI-PEN PACK

### TO BE COMPLETED BY THE PARENT & DOCTOR

#### **Physician's Order for Medication (2)**

Epi-Pen & Benadryl (*if applicable*)

#### **Food Allergy Action Plan**

### TO BE COMPLETED BY THE PARENTS

#### **Epi-Pen Forms (3)**

#### **Lincoln School**

Kimberly Kane, RN  
(201) 393-8184 office  
(201) 393-0365 fax

#### **HS/MS**

Mary Neumann, RN  
(201) 393-8160 office  
(201) 393-8948 fax

#### **Euclid School**

Jadira Ortega, RN  
(201) 393-8178 office  
(201) 288-0753

**PHYSICIAN'S ORDER**  
**FOR THE ADMINISTRATION OF MEDICATION IN SCHOOL**

STUDENT'S NAME \_\_\_\_\_ DOB \_\_\_\_\_ GRADE \_\_\_\_\_

NAME OF DRUG \_\_\_\_\_

DOSAGE \_\_\_\_\_ TIME(S) TO BE ADMINISTERED \_\_\_\_\_

DIAGNOSIS / REASON FOR MEDICATION \_\_\_\_\_

POSSIBLE SIDE EFFECTS \_\_\_\_\_

DURATION OF USE \_\_\_\_\_

**PHYSICIAN'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

*PLEASE PRINT OR STAMP:*

PHYSICIAN'S NAME  
ADDRESS  
PHONE NUMBER

.....

**PARENT AUTHORIZATION**  
**FOR THE ADMINISTRATION OF MEDICATION IN SCHOOL**

I request that the above medication, in the original container, be administered to my child. I understand that a certified school nurse or her designated nurse substitute will be performing this service utilizing the order provided by my physician. I acknowledge that the school district and its employees and agents shall incur no liability as a result of administration of this medication to my child. I give the school nurse permission to contact the physician and / or pharmacist with any question concerning the medication.

**PARENT / GUARDIAN'S**  
**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK / CELL PHONE \_\_\_\_\_

INITIAL MEDICATION SUPPLY:

Name of medicine \_\_\_\_\_ # of pills/tablets/capsules/ml. \_\_\_\_\_

Nurse signature \_\_\_\_\_ **Parent signature** \_\_\_\_\_

**PHYSICIAN'S ORDER**  
**FOR THE ADMINISTRATION OF MEDICATION IN SCHOOL**

STUDENT'S NAME \_\_\_\_\_ DOB \_\_\_\_\_ GRADE \_\_\_\_\_

NAME OF DRUG \_\_\_\_\_

DOSAGE \_\_\_\_\_ TIME(S) TO BE ADMINISTERED \_\_\_\_\_

DIAGNOSIS / REASON FOR MEDICATION \_\_\_\_\_

POSSIBLE SIDE EFFECTS \_\_\_\_\_

DURATION OF USE \_\_\_\_\_

**PHYSICIAN'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

*PLEASE PRINT OR STAMP:*

PHYSICIAN'S NAME

ADDRESS

PHONE NUMBER

.....

**PARENT AUTHORIZATION**  
**FOR THE ADMINISTRATION OF MEDICATION IN SCHOOL**

I request that the above medication, in the original container, be administered to my child. I understand that a certified school nurse or her designated nurse substitute will be performing this service utilizing the order provided by my physician. I acknowledge that the school district and its employees and agents shall incur no liability as a result of administration of this medication to my child. I give the school nurse permission to contact the physician and / or pharmacist with any question concerning the medication.

**PARENT / GUARDIAN'S**  
**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK / CELL PHONE \_\_\_\_\_

INITIAL MEDICATION SUPPLY:

Name of medicine \_\_\_\_\_ # of pills/tablets/capsules/ml. \_\_\_\_\_

Nurse signature \_\_\_\_\_ **Parent signature** \_\_\_\_\_

# Food Allergy Action Plan

Student's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ Teacher: \_\_\_\_\_

Place  
Child's  
Picture  
Here

ALLERGY TO: \_\_\_\_\_

Asthmatic Yes\*  No  \*Higher risk for severe reaction

## STEP 1: TREATMENT

<u>Symptoms:</u>	<u>Give Checked Medication**:</u> <small>** (To be determined by physician authorizing treatment)</small>	
If a food allergen has been ingested, but <i>no symptoms</i> :	Epinephrine	Antihistamine
Mouth Itching, tingling, or swelling of lips, tongue, mouth	Epinephrine	Antihistamine
Skin Hives, itchy rash, swelling of the face or extremities	Epinephrine	Antihistamine
Gut Nausea, abdominal cramps, vomiting, diarrhea	Epinephrine	Antihistamine
Throat† Tightening of throat, hoarseness, hacking cough	Epinephrine	Antihistamine
Lung† Shortness of breath, repetitive coughing, wheezing	Epinephrine	Antihistamine
Heart† Weak or thready pulse, low blood pressure, fainting, pale, blueness	Epinephrine	Antihistamine
Other† _____	Epinephrine	Antihistamine
If reaction is progressing (several of the above areas affected), give:	Epinephrine	Antihistamine

† Potentially life-threatening. The severity of symptoms can quickly change.

## DOSAGE

**Epinephrine:** inject intramuscularly (circle one) EpiPen® EpiPen® Jr. Twinject® 0.3 mg Twinject® 0.15 mg  
(see reverse side for instructions)

**Antihistamine:** give \_\_\_\_\_  
medication/dose/route

**Other:** give \_\_\_\_\_  
medication/dose/route

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

## STEP 2: EMERGENCY CALLS

1. Call 911 (or Rescue Squad: \_\_\_\_\_). State that an allergic reaction has been treated, and additional epinephrine may be needed.

2. Dr. \_\_\_\_\_ Phone Number: \_\_\_\_\_

3. Parent \_\_\_\_\_ Phone Number(s) \_\_\_\_\_

4. Emergency contacts:

Name/Relationship \_\_\_\_\_ Phone Number(s) \_\_\_\_\_

a. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

b. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

**EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!**

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

**HASBROUCK HEIGHTS BOARD OF EDUCATION  
379 Boulevard Hasbrouck Heights,  
New Jersey 07604**

**PARENTS' AUTHORIZATION FOR ADMINISTRATION OF  
EPI-PEN TO CHILD**

I/We, the parent's/guardian'(s) of \_\_\_\_\_, hereby authorize the Hasbrouck Heights School District and its employees and agents to administer epinephrine via Epi-Pen to our child, \_\_\_\_\_, in an emergency.

I/We acknowledge that the school district and its employees and agents shall incur no liability as a result of any injury arising from the administration of the Epi-Pen and I/We agree to indemnify and hold harmless the school district and its employees and agents against any claims arising out of the administration of the Epi-Pen to \_\_\_\_\_.

I/We acknowledge that this authorization is effective for the entire school year of \_\_\_\_\_.

\_\_\_\_\_  
Parent's / Guardian's Printed Name

\_\_\_\_\_  
Telephone Number

\_\_\_\_\_  
Parent's / Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's / Guardian's Signature

(PARENTS)

**HASBROUCK HEIGHTS PUBLIC SCHOOLS  
SCHOOL HEALTH SERVICES**

Hasbrouck Heights, New Jersey

**PARENTS PERMISSION**

**EPI-PEN DELEGATE**

We (I) the undersigned, who are the parents/guardians of \_\_\_\_\_  
born on \_\_\_\_\_, request that a delegate be permitted to administer  
the following medication: \_\_\_\_\_ to our child  
The medication has been prescribed by our physician:

Doctor's Name \_\_\_\_\_ Telephone # \_\_\_\_\_

Address \_\_\_\_\_

We will notify the school immediately if the health status of \_\_\_\_\_  
changes, we change physicians, or there is a change or cancellation of the  
medication.

We (I) understand that according to the procedures in the "Protocol and  
Implementation Plan for the Emergency Administration of Epinephrine", the  
district shall incur no liability as a result of any injury arising from the  
administration of medication by the delegate and that the parent/guardians  
shall indemnify and hold harmless the district and its' employees or agents  
against any claims arising out of the delegate's administration of this  
medication.

Parent's Name \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Telephone # \_\_\_\_\_

Address \_\_\_\_\_

(PARENTS)

**HASBROUCK HEIGHTS PUBLIC SCHOOLS**  
**379 Boulevard Hasbrouck**  
**Heights, New Jersey 07604**

*Dr. Matthew H*  
*Superintendent of Schools*

*Tel: (201) 393-8145*  
*Fax: (201)288-0289*

Dear Parent(s)/Guardians:

You have requested that the Hasbrouck Heights School District, its employees and agents, in the case of emergency, administer epinephrine via Epi-Pen to your child,

The school district shall comply with your request pending receipt of written authorization from you allowing the Hasbrouck Heights School District, and its employees and agents, to administer epinephrine via Epi-Pen to your child, \_\_\_\_\_ We also require written orders from your child's primary care physician or nurse practitioner, \_\_\_\_\_, that your child requires administration of epinephrine for anaphylaxis and does not have the capability for self-administration of the medication.

In addition, it is your responsibility to provide a current, pre-filled, single dose autoinjector mechanism containing epinephrine when it has expired.

Please be advised that the school district and its employees or agents shall have no liability as a result of any injury arising from the administration of the Epi-Pen to your child, \_\_\_\_\_, and that you must agree, by completing the enclosed authorization form, to indemnify and hold harmless the school district and its employees and agents against any claims arising out of the administration of the Epi-Pen to \_\_\_\_\_.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date